Mast-o-Khiar ~ Persian Yogurt & Cucumber Dip

Ingredients

1 c Greek-style- yogurt

2 Large Persian cucumbers, trimmed and coarsely grated

¼ c mint, chopped

salt & pepper

Place the cucumber in a sieve to drain. Use the vack of a spoon to push excess liquid out.

Combine cucumber, mint, yogurt and salt and pepper. Cover with plastic wrap and place in the fridge to chill before serving.